TECHNOLOGICAL RESPONSIBILITY

Leveraging the potential of online experiences to enhance my offline community and success

ENJOY the advantages → So they will . . . EXPERIENCE BOUNDARIES & HAVE POSITIVE EXPOSURE

EXPLORE the possibilities → So they will . . . UNDERSTAND CORE VALUES & BUILD ONLINE SKILLS

COLLABORATE a plan → So they will . . . RESPECT LIMITS & STRENGTHEN SOCIAL ABILITIES

EXPAND their potential → So they will . . . ESTABLISH PERSONAL BOUNDARIES & LEVERAGE ONLINE OPPORTUNITIES

ZERO TO ONE

Use the tools, but don't be used by them

Connect to other adults
Remember you're not alone.

ONE & TWO

Take pictures
Just make sure you don't miss a real moment to capture a digital one.

Limit their screen time

Purchase the protection plan
It's hard to get Play-Doh® out of the headset jack.

THREE & FOUR

Have some screen-free zones and screen-free times at home

Play online games together
And occasionally use technology for learning.

K & FIRST

Talk about technology as you use it
Or they might assume, "Mom's just playing a game."

Establish Internet boundaries
Say things like: "Never Google alone."

Use technology to share things you enjoy
Share things like old-school music videos.

SECOND & THIRD

Make technology social
Play together and keep the computer in a public place.

Establish rules for online sharing
Say things like: "Don't post your home address."

FOURTH & FIFTH

Ask 3 questions about online games:
What is the content?
What is the commitment?
What is the connection?

Stay curious
Ask things like: "Have you seen anything online that surprised you?"

Follow recommended age limits
Know guidelines for apps, networks, and games.

SIXTH

Talk about 4 online dangers:
Porn
Violence
Bullying
Contact with strangers

Let them be the technology expert

Have clear limits and expectations for mobile devices

Share an iTunes account
And research their apps.

Leverage technology for your relationship
They may say more in a text than in person.

SEVENTH & EIGHTH

Script a response for when you find out something you weren't expecting

Start social media accounts together
Now it's legal.

Follow them (online) respectfully
Say things like: "Am I commenting on your posts too often?"

Know their passwords
Keep the digital doors unlocked.

Reinforce basics
Say things like: "Mobile device content *is* public and *can be* permanent."

NINTH

Rediscover what platforms and apps they are using—weekly

Discuss digital content as part of a college application or resume
Say things like: "So, about that picture you posted . . ."

TENTH

Encourage them to plug into online hobbies
Suggest things like starting a blog or YouTube channel.

Consider sharing the bill

Have clear limits and expectations for technology and driving

ELEVENTH

Familiarize yourself with online education options

Never let a high schooler have a dating app

Share an online calendar

Leverage technology to connect to a bigger cause

TWELFTH

Dialogue about the future
Say things like: "By the way, colleges and careers monitor what you do online."

EMBRACE their physical needs

ENGAGE their interests

AFFIRM their personal journey

MOBILIZE their potential

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SEXUAL INTEGRITY

Guarding my potential for intimacy through appropriate boundaries and mutual respect

INTRODUCE them to their body → So they will . . . DISCOVER THEIR BODY & DEFINE PRIVACY

INFORM them about how things work → So they will . . . UNDERSTAND BIOLOGY & BUILD SOCIAL SKILLS

INTERPRET what is changing → So they will . . . RESPECT THEMSELVES & GROW IN CONFIDENCE

COACH them toward healthy relationships → So they will . . . ESTABLISH PERSONAL BOUNDARIES & PRACTICE MUTUAL RESPECT

ZERO TO ONE

Start with the basics
Say things like: "God made you."

Name body parts
Use the real names for private parts—*you know them.*

ONE & TWO

Acknowledge differences

Define privacy
Say things like: "Private parts are meant to be private."

THREE & FOUR

Answer simple questions
Say things like: "Babies grow inside of their mama until it's time to be born."

Affirm a positive view of their growing body
Say things like: "I love watching you grow."

Coach privacy
Say things like: "Sometimes it's polite to look away."

K & FIRST

Talk about boundaries
Say thing like: "Your body belongs to you."

Give simple answers to biological questions

SECOND & THIRD

Explain marriage and conception

Improve relational skills
Work on things like kindness and respect.

Begin a conversation about body changes

FOURTH & FIFTH

Support finding and keeping a "best friend"

Caution sexual activity and porn

Refine the vocabulary
Pay attention to words they are using to talk about bodies, sex, and people.

Redefine beauty and modesty

SIXTH

Answer questions about sex in detail
If you don't, the internet will.

Begin discussing dating values
Say things like: "Honor God with your body."

SEVENTH & EIGHTH

Increase positive affirmation and affection

Take what they say and how they feel seriously
Say things like: "I'm so glad you told me."

Stay curious about what is happening in their world
Ask things like: "When Jon commented on your post, what did he mean by . . . ?"

Agree on boundaries
Help them script responses to difficult situations.

NINTH

Continue to discuss dating values
Say things like: "Don't give someone control of your life."

Clarify your views about contraception

Affirm wise choices and healthy friendships

TENTH

Utilize other adult influences
Who can they talk to about the things they won't talk about with you?

Script a response for when you find out something you weren't expecting

Ask questions to help them clarify boundaries

ELEVENTH

Stay actively aware of what is happening with their relationships

TWELFTH

Have conversations
Listen to their perspectives and their hopes for the future.

Don't make future breakups harder
Consider boundaries like: "No boyfriends on the family vacation."

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ENGAGE their interests

AFFIRM their personal journey

MOBILIZE their potential

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AUTHENTIC FAITH

Trusting Jesus in a way that transforms how I love God, myself, and the rest of the world

Incite WONDER → So they will . . . KNOW GOD'S LOVE & MEET GOD'S FAMILY

ZERO TO ONE

Pray for them
And pray aloud while you are with them.

Sing faith songs
Start with "Jesus Loves Me."

Connect with a faith community
Find one that supports both you and your child.

ONE & TWO

Read Bible stories
Use illustrated preschool storybooks.

Repeat basic truths
Say things like:
"God made me."
"God loves me."
"Jesus wants to be my friend forever."

Answer faith questions
Talk about topics like creation, heaven, church, and the Bible.

THREE & FOUR

Encourage them to pray
Pray aloud while you are together.

Prompt them to share and help

Repeat simple Bible verses
Say things like:
"Do not be afraid, for the Lord your God is with you."

Provoke DISCOVERY → So they will . . . TRUST GOD'S CHARACTER & EXPERIENCE GOD'S FAMILY

K & FIRST

Repeat basic truths
Say things like:
"I can trust God no matter what."
"I need to make the wise choice."
"I can treat others the way I want to be treated."

Purchase a kid's Bible
Find one that is made for kids with full text in a readable translation.

SECOND & THIRD

Talk about the Bible
Say things like: "The Bible has two parts, the Old Testament and the New Testament."

Read the Bible together
Use the index or digital tools to look up passages.

Share the story of when you first trusted Jesus
Talk about what salvation means to you.

FOURTH & FIFTH

Provide opportunities to serve friends and family

Pray for them while you are with them
And ask how you can pray for them.

Memorize scripture together
Ask things like: "Have you read anything in the Bible that means a lot to you right now?"

Share personal faith stories

Talk about how the 66 books of the Bible connect to tell one story

Provoke DISCOVERY → So they will . . . OWN THEIR OWN FAITH & VALUE A FAITH COMMUNITY

SIXTH

Serve your church or community together

Don't be shocked by hard questions
Respond with things like:
"I'm glad you asked me."
"I'm not sure, but we can find out."

Share about some of your doubts or struggles and how you handle those

SEVENTH & EIGHTH

Prioritize a weekly small group
Connect them to an adult who shows up every week to encourage their faith.

Purchase a youth Bible
Find one that is made for teenagers in a readable translation with helpful guides.

Pray for them
Even if they don't pray with you.

Ask questions that help them personalize faith
Ask things like:
"What do you think?"
"How is that true in your own life?"

Fuel PASSION → So they will . . . KEEP PURSUING AUTHENTIC FAITH & DISCOVER A PERSONAL MISSION

NINTH

Support their faith community
Ensure they are connected to a consistent leader and group of peers.

Empower them to serve weekly in the church or community
That means you will probably drive them.

TENTH

Encourage devotional habits
Help them discover when and how they connect with God best.

Be transparent
Talk about the ups and downs of your own faith journey.

Welcome questions
Don't always give answers.

ELEVENTH

Encourage them with scriptural insights
Relate scripture to their present circumstances.

Demonstrate grace, love, and forgiveness
It will be the most convincing argument you can make for a loving God.

Encourage them to participate in a mission trip

TWELFTH

Talk about how you've seen God at work in their life

Ask how you can pray for their future

Talk about the role of a local faith community
And collaborate on a plan to keep them connected.

EMBRACE their physical needs

ENGAGE their interests

AFFIRM their personal journey

MOBILIZE their potential

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